



Cincinnati  
Museum  
Center

## Teacher's Pre- and Post-Program Visit Guide

<b>Program</b>	<b>Meet Stuffee</b>
<b>Grade Level</b>	<b>Pre K - K</b>
<b>Time</b>	<b>30 minutes</b>
<b>Location</b>	<b>N. Gallery in Museum of Natural History &amp; Science</b>

### Program Objectives

- Students will learn what we have on the inside that makes us work on the outside. There is nothing frightening or embarrassing about our insides!
- Students will learn that each of our organs has an important job to do. Most of our organs work together cooperatively to do all the jobs that keep our bodies running.

### Program Description

Unzip Stuffee, Cincinnati Museum Center's very own anatomy doll! Students will get to help feed Stuffee and then unzip him to identify a number of his organ and discuss their functions and how our body works.

### Major Vocabulary and Concepts

Heart	Lungs	Esophagus
Stomach	Small intestines	Large intestines
Appendix	Liver	Gall Bladder
Pancreas	Kidneys	Organs
Bones	Vertebra	Skeleton

### Suggested things to do in your classroom before the program

- Discuss the basic organs in the body and their functions.
- Have the students share their favorite foods and discuss the importance of a nutritious diet to keep our organs and body healthy.
- Have the students share some of their favorite sports and discuss the importance of daily exercise to keep our organs and body healthy.
- Use songs and games to help students learn and remember the parts of the body and the importance of exercise.

## **Suggested things to do after the program**

- Continue to use songs and games to help students learn and remember the parts of the body and the importance of exercise.
- Have the students work in groups to create a healthy meal using pictures and/or fake food. Have the groups share their choices with the class and then discuss if their choices were wise or if there might have been a substitute food that might have been healthier.
- Make a classroom graph of favorite sports. See how many children play soccer, baseball, basketball, etc. Record results with the students.

## **Curriculum and Standards Addressed**

Ohio – Life Sciences, Scientific Inquiry, Scientific Ways of Knowing

Kentucky – Biological Science, Unifying Concepts

Indiana – The Living Environment, The Mathematical World, Scientific Thinking, The Nature of Science and Technology, Common Themes

## **Resources**

- [www.kidshealth.org](http://www.kidshealth.org) (Pages for Parents, kids and educators)
- <http://www.sesamestreet.org/parents/topicsandactivities/toolkits/healthyhabits> (Interactive games and videos about healthy habits)
- DK First Reference Series: *First Human Body Encyclopedia* by Penny Smith
- *See Inside Your Body* by Katie Daynes and Colin King
- *The Magic School Bus: Inside the Human Body* by Joanna Cole
- *The Busy Body Book: A Kid's Guide to Fitness* by Lizzy Rockwell
- Cat in the Hat's Learning Library: *Oh the Things You Can Do That Are Good for You! All About Staying Healthy* by Tish Rabe