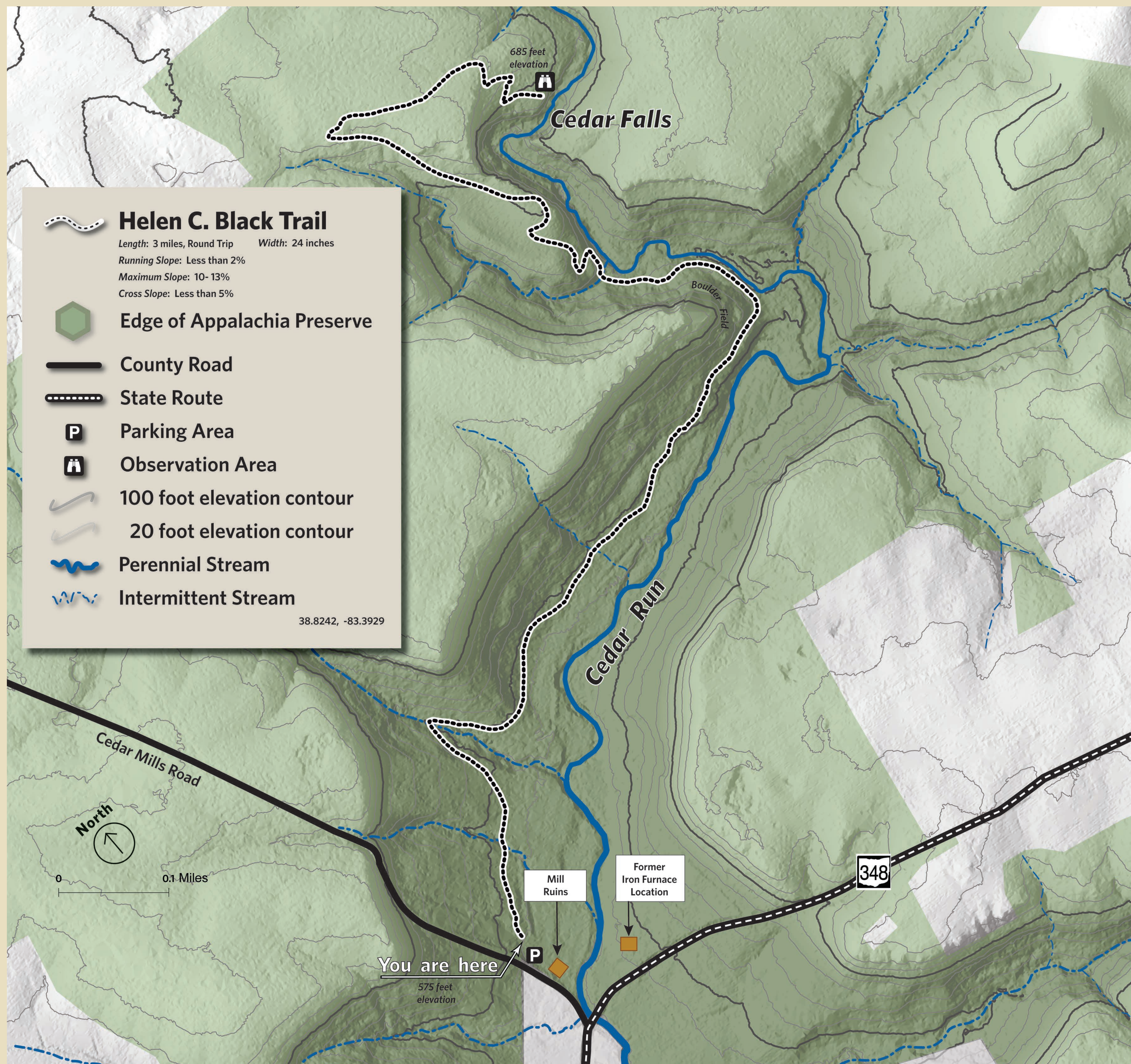


# Helen C. Black Trail at Cedar Falls



The three-mile, round-trip trail to Cedar Falls begins placidly among a grove of eastern red cedar trees and ends at a dramatic overlook perched on the edge of a cliff above the falls. Along the way, you will experience diverse deciduous forest, cross several rocky tributary streams and pass through the boulder field—a narrow area of Cedar Run gorge where massive blocks of Peebles Dolomite have fallen from nearby cliffs.

This hike is strenuous in some areas, and the 70-foot cliffs are impressive but very hazardous without caution. Direct access to the falls is strictly prohibited. For your own safety, you must stay on the trail at all times.