## ASTHMA FORM – CINCINNATI MUSEUM CENTER CAMPS

## May 27 – August 8, 2025

We want your child to receive appropriate support for their asthma while attending CMC camps. It is our expectation that your child is capable of self-managing their asthma: knowing when to amend their activity level, use their rescue inhaler, and when to seek help. All other asthma medications will be stored and administered in accordance with CMC policies. We are happy to work with you to try to accommodate your camper's need as much as possible.

Camper Name:	Age:
If applicable Prescriber's Name/Title:	
If applicable Prescriber's place of employment:	
If applicable Address:	
If applicable Telephone:	
If applicable Prescriber's Signature:	Date:
Diagnosis / Reason for Medication:	AsthmaOther:
Asthma Triggers to Avoid for Camper:	Smoke / fumesAnimal Mold SporesDust Mite Other:

YES / NO: Camper is required to have quick relief asthma medication to provide rapid relief of asthma symptoms if needed: cough, chest tightness, wheezing, trouble breathing, shortness of breath

YES / NO: Camper is required to use quick relief asthma medication BEFORE physical activity to prevent activity-induced bronchospasm from asthma

YES / NO: Camper is required to take daily asthma control medication at camp as directed

<b>Medication Information</b>					
Name of Medication	Albuterol:		Other:		
Form of Medication	Inhaler	Nebulizer	Dry Powder Inhaler	Liquid	Pill / Capsule
Dosage of Medication	Number of p	uffs:	Other:		
Other instructions	YES / NO: Inhaler MUST be used with a spacer (valved holding chamber) for administration YES / NO: Please maintain a written record (Log) of all doses				
When to administer dose	YES / NO: 5-15 minutes before physical activity to prevent activity-induced bronchospasm YES / NO: As needed for FAST RELIEF of chest tightness, shortness of breath, wheezing or prolonged cough or other asthma symptoms. A total of 3 doses can be given within an 8 hour interval YES / NO: Daily at AM / PM for daily asthma control (long term prevention)				
Repeat Dose	<ul> <li>Do NOT repeat the dose</li> <li>Repeat dose one time if symptoms <u>not</u> gone 10 minutes after first dose <u>AND</u> repeat does every</li> <li>3-4 hours IF symptoms RECUR during the day</li> </ul>				
			ses (2-4 puffs per dose) are given and there is no improvement in further medical attention and call parent/legal guardian		

Asthma Emergency The steps that should be taken: Activate the emergency m system in your area. Call Call Parent/Guardian and Healthcare Provider	• Dif edical • Blu 1911. • Fai	<ul> <li>Blue or gray discoloration of the lips or fingernails</li> </ul>			
Supervision of Medication	: Can	Camper is permitted to carry medication and self-administer with no supervision     Camper MAY self-administer medication BUT supervision is required for all doses     Camper require trained assistance to administer all doses			
Expected Normal Side Effects	None	Fast heartbeat, tremor, hyper- activity	Other:		
Storage Requirements	None	Refrigerate	Other:		

Can your camper self-carry an Inhaler? \_\_\_\_ Yes \_\_\_\_ No

Staff will make sure that the Inhaler is with the camper at all times during the day.

Inhaler must be brought on the first day and will be returned at the end of the week. Inhaler will be stored in a safe location overnight throughout the week and cannot be kept at camp over the weekend. Please indicate in the special instructions if you want your camper to bring their Inhaler home daily.

Please list any special instructions:

Parent/Legal Guardian Authorization and Release

I, \_\_\_\_\_, hereby authorize the CMC camp medical coordinators and/or camp staff members to administer the asthma medication listed above or to supervise the camper in self-administration of such medication. I certify that I have legal authority to consent to medical treatment for the child named above, including the administration of asthma medication at the facility.

I, on behalf of myself, my executors, administrators, heirs, next of kin, and successors, hereby covenant to hold harmless and indemnify the CMC and all of its officers, departments, agencies, agents, and employees from any and all claims, losses, damages, injuries, fines, penalties, and costs (including court costs and attorney's fees), charges, liabilities, or exposures, however caused, resulting from, arising out of, or in any way connected to assisting the above named camper with the use of asthma medication. I have read and understand this Authorization and Release and by my signature I agree to its terms.

Please notify us immediately of any changes on this form. Museum Camp Manager (513) 728-0082 <a href="mailto:camps@cincymuseum.org">camps@cincymuseum.org</a>